

KRISTEN RULIFSON

I am an
interdisciplinary
choreographer director
performer educator

Education

- 2022- **Tanzfabrik Schule**
Contemporary Dance, Berlin, Germany
- 2020- **Yat Bentley Centre for Performance**,
Acting & Movement Psychology, Oakland, CA
- 2017- **Tamalpa Life Art Process**,
Expressive Arts Therapy, Kentfield CA
- 2014 – **B.A. Neurobiology Physiology & Behavior**
Minors: Dramatic Art & Spanish
University of Davis, California

Achievements

- 2021--*Muestra Movimiento*, Official Selection, Jalisco, MX
- 2021--*BASH Film Festival*, Official Selection, San Francisco, CA
- 2020-- *Artist & Activist Residency*, Sense Object, Berkeley, CA
- 2020-- *Emerging Artist Residency*, Shawl Anderson, Berkeley CA
- 2020--*Activism Through the Arts*, Official Selection
Crocker Art Museum, Sacramento, CA
- 2019--*4X4 Choreography Contest*, Semifinalist Tijuana, MX
- 2018-- *Selected Artist for Young Choreographers' Forum* ,
MFDP San Francisco, CA
- 2018-- *SAFEhouse Lead Artist*, San Francisco, CA
- 2017 -- *CA\$H Grant for Dance Theater* , San Francisco, CA
- 2015 - *ArtCorps Scholar*, Tamalpa Institute, Kentfield, CA

Certifications

- 2021- *Liquid Presence Level 1 & 2* Yelapa, MX
- 2021- *AIDA Free Diving Level 1 & 2*, Playa del Carmen, MX
- 2020- *Axis Syllabus Teacher Candidate*, Berkeley, CA
- 2019- *Flying Low & Passing Through Intensive*, David Zambrano San Jose, CR
- 2015- *Domestic Violence Advocate Training*,
A Community for Peace, Citrus Heights, CA

Contact

530.401.4066
kristenrulifson@gmail.com
kristenrulifson.com
SF Bay Area/ Berlin

Relevant Experience

Artistic Co-Director

Twin Moon Productions

Oakland, CA/ Berlin, Germany, 2020-Current

Choreograph, direct, and produce aquatic dance experiences. Film, edit, and design immersive and site-specific liquid installations. Collaborate with other dancers, cinematographers, and musicians. Teach community offerings in liquid dance.

Key Collaborator

Moving Ground

San Francisco CA, 2018-Current

Collaborate as a performer and choreographer for site-specific community engaged projects. Created new performance work with LGBTQ+ veterans and non-veteran civilian artists in collaborations with American Legion War memorial Commission and Veterans for Peace. Brought to light the stories of LGBTQ+ and immigrant service members through devised dance theater using personal memoir and historical archives in the process.
<https://movingground.org/>

Artistic Co-Director

Floorplay,

Oakland, CA, 2017-2020

Create absurd dance comedy and performance adventures. Devised and performed full length shows incorporating physical theater, dialogue, and partnering acrobatics. Participated in various Bay Area dance festivals and salons. Taught contact improvisation and acroyoga community classes. Created vertical dance piece on the Smith River for two consecutive years for the production of *Breathing Bridges* and to raise awareness about river ecosystems and the affect of damming.

Founder & Artistic Director

iDigit Dance Company,

Sacramento, CA, 2014-2016

Developed an expressive arts youth program with and for 11-18 year old students; integrating dance, spoken word, and performance in sharing stories for social change. This company expanded to 50 students over 2 years. iDigit toured throughout Sacramento area UC Davis SAYS Summit, Sacramento Community Foundation, Sacramento Food Bank, Crocker Art Museum, Encina Preparatory.

KRISTEN RULIFSON

Selected Performance Experience

Feb 2022	<i>It's My Pleasure</i> , Maria Elena Seidenari, Berlin Germany
Dec 2020	<i>James Graham and Dancers</i> , San Francisco, CA
July 2020	<i>A Body in Service</i> , Echo Theater Suitcase, Zoom/ San Francisco, CA
Dec 2019	<i>Muscle Memory</i> , Scott Wells and Dancers, San Francisco, CA
July 2019	<i>Autumn Leaves</i> , ArtShip, San Francisco, CA
Dec 2018	<i>Washed Ashore</i> , ArtShip Istanbul, Turkey
Dec 2018	<i>Consent Forms</i> , Piñata Dance Collective, San Francisco, CA
Oct 2018	<i>Animate Dance Festival</i> , Molly Rose-Williams, Alameda, CA
July 2018	<i>Washed Ashore</i> , ArtShip, San Francisco, CA
May 2018	<i>At The End of Her Rope</i> , Piñata Collective, San Francisco, CA
Nov 2018	<i>Centennial Reckoning</i> , Echo Theatre Suitcase, San Francisco, CA
May 2018	<i>San Francisco I Love You</i> , Footloose Presents, San Francisco, CA
Nov 2017	<i>#Don't Grab</i> , Piñata Collective, San Francisco, CA
Aug 2016	<i>Breathing Bridges</i> , Site Specific Vertical Dancer, Crescent City, CA
July 2016	<i>Strung</i> , Iu-Hui Chua San Francisco, CA
July 2016	<i>The Pods</i> , Leslie Chapman, Anna Halprin's Birthday Kentfield, CA
June 2016	<i>Humpty Dumpty</i> , David Grenke, Davis, CA
Mar 2014	<i>We Do Not Live in Splendid Isolation</i> , Deirdre Morris, Davis, CA
2012-2014	<i>Anonymous</i> , Iu-Hui Chua, Davis, CA

Selected Directed Works

2022	<i>What Falls Beneath the Surface Film Installation</i> , Berlin, Germany/ Oakland, CA
2022	<i>Cat and Thistle</i> , Berlin, Germany
2022	<i>Drift</i> , Tanzfabrik Berlin, Germany
2019	<i>Curvy and Curly</i> , Above Ground Festival, San Francisco, CA
2019	<i>TidalPulse</i> , 4X4 Festival, Tijuana, Mexico
2018	<i>Sleeping with Sharks</i> , SAFEhouse Summer Performance Festiva, San Francisco, CA
2017-2018	<i>Heads or Tails Tryptic</i> , San Francisco, CA
2017	<i>Twirl Me</i> , Yerba Buena Night, San Francisco, CA
2017	<i>Bargaining With God</i> , Kristen Rulifson and Lauren Godla, San Francisco, CA
2017	<i>Dropping in the Out</i> , Berkeley, CA
2016	<i>Dreams in Detention</i> , Encina High School, Sacramento, CA
2015-2016	<i>Migrants (feat Joe Kye)</i> , Sacramento, CA

Film and Music Videos

2022	<i>What Falls Beneath the Surface</i> (Director, Dancer), Berlin, Germany / Oakland, CA
2021	<i>Ceremony by DATACHOIR</i> , Music Video (Dancer) Sacramento, CA
2021	<i>Mothers Offering</i> , Film (Director) Colfax, CA
2021	<i>// held //</i> , Film (Dancer) Twin Cities Jewish Film Festival, Minneapolis, MN
2021	<i>From Dust</i> , Live Zoom & Film, (Dancer & Director) New Orleans, LA
2021	<i>Drop</i> , Vertical Dance Film (Dancer), Three Turns Film Festival San Francisco, CA
2020	<i>Summit</i> , Dance Film, (Director) San Francisco, CA
2020	<i>Interim</i> , Dance Film, (Director) Oakland, CA
2019	<i>Token Girl</i> , Music Video (Dancer) San Francisco, CA
2018	<i>Needletooth</i> , Dance Film (Director, Dancer) Oakland, CA
2017	<i>re—</i> , Experimental Film (Co-Director) <i>Vines Festival</i> , Vancouver, Canada

Teaching Experience

2022	Contemporary Floorwork, Artivism New Orleans, LA
2022	Improvisation, Tanzfabrik Berlin Germany
2021	Aquatic Dance Workshop, Sintra, Portugal
2018-2020	Hip Hop, Adda Clevenger, San Francisco, CA
2019	Contemporary, Mobu Dance Studio, San Francisco, CA
2018	Storytelling & Movement, Halka Art Project, Istanbul, Turkey
2017-2018	Delta College (contemporary, improv, acrobatics), Stockton, CA
2017	CounterPulse (contact improvisation), San Francisco, CA
2016-2017	Vallejo Charter School Teaching Artist (improvisation and hip hop), Vallejo, CA
2014-2016	Artistic Director at Encina Preparatory Performance Company (contemporary, acrobatics, site-specific performance, devised theatre), Sacramento, CA
2012-2014	Lead Dance Instructor at UC Davis Campus Recreation (ballet, jazz, modern, hip hop, Davis, CA)

Additional Dance Training, & Selected Teachers

2022	Windstyle, Aragorn Boulanger, Berlin, Germany
2021	Project Limb, Underwater Dance Film Residency, Castellammare del Golfo, Sicily, Italy
2021	B12 Contemporary Dance Festival Berlin, Germany
2021	Summer Dance Intensive, Torres Vedras, Portugal
2021	Ferus Animi // Terra Nova, London, UK
2019	ATLAS Dance Festival, Mexico
2019	Encuentros Mutantes, Los Little Guys & Shared Levitation, Mexico
2018	Bandaloop Vertical Dance, Oakland, CA
2017-2020	Break Dance, Hip Hop, and House: Randi Freitas, Gabriel Lemus, Seth Martinez, Coflo; MVMNT Studio Albany, CA
2009-2019	Contact Improvisation: Scott Wells, Ishmael Houston- Jones, Renee Alvarez , Anya Cloud, Berkeley, CA
2009-2017	Improvisation & Composition : Anna Halprin, Dohee Lee, Joe Goode, Iu-Hui Chua, Joy Coscuella, San Francisco, CA
2012-2022	Axis Syllabus: Frey Faust, Sebastian Grub, Kevin O'Conner, Nuria Bowart
2009-2017	Modern: David Grenke, Melecio Estrella, Qudus Oneiku, Valerie Gnassounou, James Wheatley, Bay Area, CA
2012-2017	Acrobatics, Aerial, Stilt Walking: Deirdre Morris, Daniel Davis, Davis, CA
1996-2009	Ballet; Pauline Von Thaden, Loomis, CA

Additional Residencies and Recognition

2022	<i>Lookout Arts Quarry Artist Residency</i> , Bellingham, WA
2022	<i>Ponderosa Artist Residency</i> , Stolzenhagen, Germany
2020	<i>Artist and Activist Residency</i> , Sense Object, Berkeley, USA
2018	<i>Summer Performance Festival</i> , SAFEhouse, San Francisco USA
2016-2017	<i>Spring Fall Artist Residency</i> , Berkeley USA
2016	<i>RAW Residency at SAFEhouse</i> , San Francisco USA
2016	<i>San Juan Unified Arties Award</i> , Sacramento USA
2014	<i>Institute of Theatre Dance and Performance</i> , UC Davis USA
2013	<i>Clinton Global Initiative University Conference</i> , St. Louis, USA

COMMUNITY ENGAGEMENT HIGHLIGHTS

HOUSING ASSOCIATE, GUM MOON, 2020-Current

Remotely manage transitional housing in Chinatown, SF that provides a safe sanctuary for women escaping domestic violence and trafficking, predominately serving Asian immigrants. Provide case management for

residents, coordinate wellness workshops, and work with health officials to ensure health and safety.
www.gummoon.org

FACILITATOR: SHARED STUDIOS, 2019

Facilitated conversations with community members in different parts of the world through pop-up “portals” taking shape as a gold shipping container. Invited strangers on the street to talk about their daily life with other people in portals across the globe. <https://www.sharedstudios.com/>

PROGRAM COORDINATOR: TAMALPA INSTITUTE, 2018-2019

Coordinated international expressive arts training programs, liaison between students, faculty, and branch directors. Processed applicants, provided admin support for students, built online learning platform.
www.tamalpa.org

CO-DIRECTOR: NATURALLY EXPRESSIVE LEADERS, 2016-2019

Directed and facilitated leadership camps for underserved youth including subjects such as conflict mediation, trauma triggers and resources, and social emotional learning through expressive arts, mindfulness, and advocacy.

HEALTHCORPS COORDINATOR: HEALTHCORPS INC., 2014-2016

Taught nutrition, yoga, mindfulness, and health education at Encina Preparatory. Coordinated the community health fair, served as wellness liaison between school and community partners, and initiated and implemented staff wellness programming, campus food and clothing closet, and school garden . www.healthcorps.org